



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

IT'S ALL ABOUT BUILDING CONFIDENT KIDS!

Y Zone Jan. 13 & 16, 2012 Princeton Schedule

Grades: K - 5
Dates: 1/13/2012 & 1/16/2012
Times: 8:00am - 6:00pm
Location: Princeton Family YMCA

The YMCA's Y Zone program provides families with a safe and affordable option for childcare on days when school is not in session, while providing their children with a theme-based day of imagination, friendship and fun activities.

Spend out-of-school time with the Y where they can swim, play games, make arts and crafts, and share in a variety of Y favorites under the supervision of trained, caring adults.

**Fees: JANUARY 13, 2012
INCLUDED in FT MASH Tuition**

\$40 Full-Facility Members
\$50 Program Members

PLEASE BRING A LUNCH TO THE PROGRAM ON BOTH DAYS. LUNCH WILL NOT BE PROVIDED ON EITHER DAYS.

PARTY LIKE A ROCKSTAR!	
FRIDAY JANUARY 13, 2012 INCLUDED IN FT MASH TUITION!	MONDAY JANUARY 16, 2012
HELD AT THE Y! PLEASE BRING A PACKED LUNCH!	HELD AT THE Y! PLEASE BRING A PACKED LUNCH!
<u>8:00am-9:15am</u> Drop Off / Open Play in the Gym	<u>8:00am-9:15am</u> Drop Off / Open Play in the Gym
<u>9:15am-9:30am</u> Community!	<u>9:15am-9:30am</u> Community!
<u>9:30-10:10am</u> Tie Dye Bandanas	<u>9:30am-10:10am</u> Create a Rock Star Band!
<u>10:15-10:50am</u> Freeze Dance Party	<u>10:10am-10:30am</u> Change for swimming!
<u>11:00-11:35am</u> Design your own Guitar	<u>10:30am-11:30am</u> SWIM TIME!
<u>11:35-12:05pm</u> LUNCH!	<u>11:30am-12:00pm</u> Change from Swimming!
<u>12:05-12:45pm</u> Free Time	<u>12:00pm-12:40pm</u> LUNCH!
<u>12:45-1:30pm</u> Kids YOGA Time	<u>12:40pm-1:00pm</u> Free Time
<u>1:30-2:15pm</u> Gym Time	<u>1:00pm-2:00pm</u> ZUMBA for KIDS!
<u>2:15-3:00pm</u> Rock Star Photo Shoot	<u>2:15pm-2:45pm</u> Practice group routines!
<u>3:00-3:40pm</u> Create your own CD Cover	<u>2:45pm-3:20pm</u> Perform the ROCK CONCERT!
<u>3:40-4:10pm</u> Snack Time!	<u>3:40pm-4:10pm</u> Snack Time!
<u>4:00-6:00pm</u> Free play & pick up	<u>4:10pm-6:00pm</u> Free play and pick up!