



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# SPORTSMANSHIP TEAMWORK FAIR PLAY

## MVP CAMP – DAILY SCHEDULE

### Princeton Family YMCA

### Summer 2012

7:30am–9:00am – Camper Drop Off at Seminary Gym

9:00am–9:20am – Morning Announcements / Flag Pole

9:20am–9:30am – Rotation to Activity

9:30am–10:30am – Skill / Sport Period

10:30am–10:45am – Rotation / Water Break

10:45am–11:45am – Skill / Sport Period

11:45am–12:30pm – LUNCH

12:30pm–1:00pm – Free Time

1:00pm–2:00pm – GAME of the Day!

#### GROUP I

2:00pm–2:30pm – Walk to the YMCA

2:30pm–3:15pm – Swim at YMCA

3:15pm–4:00pm – Sport Play

#### GROUP II

2:00pm–2:45pm – Sport Play

2:45pm–3:15pm – Walk to YMCA

3:15pm–4:00pm – Swim at YMCA

4:00–4:15pm – Snack at YMCA

4:15pm – Closing Announcements / Wrap Up

4:15pm–6:00pm – Structured Play and Camper Pickup at YMCA Field



\*\*schedule subject to change due to weather, other schedules or special events\*\*