



**FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

# **BUILDING LIFE SKILLS**

**PRINCETON FAMILY YMCA  
SUMMER CAMPS 2012  
JUNE 25 - AUGUST 24**



Albert D. - Summer 2011

# WELCOME TO CAMP AT THE PRINCETON FAMILY YMCA!



Riana S. & Cassidy S. - Summer 2011

## WHERE KIDS GROW...

Since our beginnings, the Princeton Family YMCA has been committed to the healthy development of children through a broad range of programs that capture their imaginations, instill positive values, build self-esteem and teach fundamental skills. YMCA Day Camp is one of the most powerful ways for your children to learn lessons that will serve them throughout their lives.

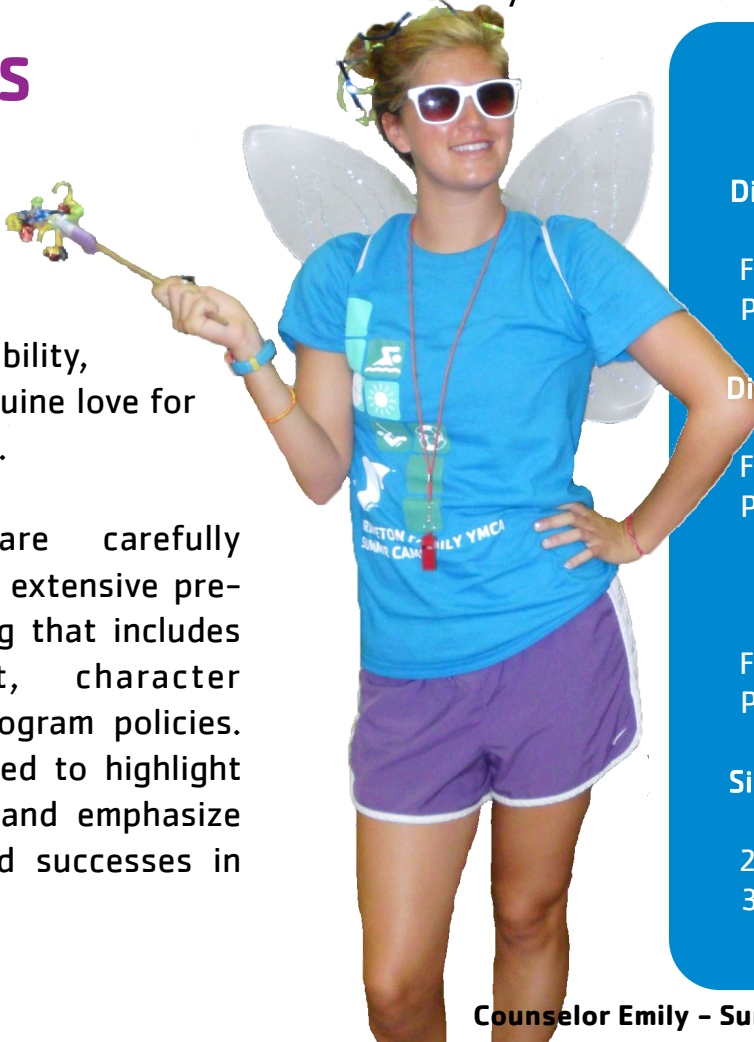
## WHERE KIDS SHINE...

At YMCA Day Camp, your child will gain skills, try new things and grow in confidence and self assurance, while practicing the YMCA core values of caring, honesty, respect and responsibility as part of daily camp life. By participating in a larger community, your child will learn teamwork, hone social skills and make many new friends.

## WHERE KIDS DEVELOP...

Our culturally diverse team of Y counselors brings enthusiasm, responsibility, knowledge and a genuine love for children to their jobs.

Staff members are carefully selected and receive extensive pre-season camp training that includes risk management, character development and program policies. Counselors are trained to highlight teachable moments and emphasize accomplishments and successes in all campers.



## 2012 PRICING OPTIONS

**Discovery & MVP Full-Day:**  
7:30am - 6:00pm  
Full Facility Members: \$290  
Program Members: \$320

**Discovery & MVP Half-Day:**  
1:00pm - 6:00pm  
Full Facility Members: \$160  
Program Members: \$180

**Specialty Camps:**  
7:30am - 6:00pm  
Full Facility Members: \$355  
Program Members: \$385

**Sibling Discounts available.**  
1st Child - Full Price  
2nd Child - 10% Discount  
3rd Child - 15% Discount

Counselor Emily - Summer 2011

# Why choose the YMCA for your child's summer?

The YMCA knows children. We know they need to spend time outdoors, practicing social and decision making skills that are new to them. We know they need to be inspired and mentored by the adults in their lives. YMCA Day Camp offers all of these things, and more! Our camps are safe and include value-based programming focused on caring, honesty, respect and responsibility. We look forward to getting to know each and every child and helping them discover all the magic and wonder summer has to offer.



## OUTSTANDING VALUE!

- Amazing and properly trained staff
- Free Before and After Care (7:30am-9am & 4pm-6pm)
- Free field trips
- Daily swimming lessons!
  - No extra cost for afternoon snack
  - Many camp options (Day, Sports, Specialty, Half Day)
  - Multiple child discounts for your family
  - Benefits: friendships, decision making and problem-solving skills, team building and more!
  - TONS OF FUN!

## CAMP ASSISTANCE

We believe that every child and family should have the opportunity to participate in any YMCA program and enjoy the benefits of being a YMCA member.

Those not able to pay the full fee may be awarded a partial financial assistance based on their demonstrated ability to pay and the Y's ability to fund the subsidy.

Since demand is great, financial assistance is awarded subject to available resources. Applications are located at the Member Services Desk.



# DISCOVERY CAMP

YMCA Discovery Camps are the heart and soul of the Princeton Family YMCA Day Camp program. With a focus on values-based and traditional camp activities, children of all ages will enjoy the benefits of a quality day camp experience. Campers have opportunities to explore their world through free play, nature activities, sports, games, arts and crafts, plus age appropriate special events. Campers also gain self-confidence in the water with daily swim instruction by our qualified swimming staff. Discovery Camp is about making friends, growing in confidence and working together.

## SAMPLE DAILY SCHEDULE

7:30-9:00am - Drop Off at Field / Free Time  
9:00-9:20am - Camp Community  
9:30-10:05am - Arts & Crafts  
10:15-10:50am - Sports & Games in Gym  
11:00-11:35am - Outdoor Field Activities  
11:35-12:05pm - Lunch  
12:05-12:35pm - Playground  
1:00-1:45pm - Swimming!  
2:15-3:00pm - Group Time  
3:00-3:45pm - All Camp Activity  
3:45-4:00pm - Snack  
4:00-4:10pm - Camp Community  
4:10-6:00pm - Pick Up / Free Time

## 2012 WEEKLY THEMES

WEEK 1: Carnival Crazies  
WEEK 2: Wild, Wild West  
WEEK 3: Blast From the Past  
WEEK 4: Luau Party  
WEEK 5: Game On! Color Wars Style  
WEEK 6: Green and on the Scene  
WEEK 7: Ahoy Mates!  
WEEK 8: The Greatest Movie  
WEEK 9: An Epic Adventure



Reyhan G. - Summer 2011

## CAMP GROUPS

4-5 year olds: Pioneers (6:1 Ratio)  
6-7 year olds: Navigators (8:1 Ratio)  
8-9 year olds: Explorers (8:1 Ratio)  
10-12 year olds: Voyagers (10:1 Ratio)

## CAMP DATES

Nine One-Week Sessions  
June 25 - August 24  
\*No Camp July 4, 2012

## CAMP LOCATION

Princeton Family YMCA  
59 Paul Robeson Place  
Princeton, NJ 08540



Stephanie M., Emily P., & Aurora B. -  
Summer 2011

# MVP CAMP

MVP Camp is the ideal program for the young athlete who can't get enough of sports and loves the spirit of competition. At MVP Camp, campers will receive quality instruction and guidance in sports such as soccer, basketball, baseball, football, floor hockey and special YMCA group games. Coaches not only challenge campers, but give them the one-on-one attention they need to grow and learn each sport. Campers divide into groups based on age. Younger campers focus on having fun while learning sports fundamentals and the importance of teamwork. Older campers focus on expanding their knowledge and athletic abilities. Daily scrimmages help further develop skills through competitive play. Campers also gain self-confidence in the water with daily swim instruction by our qualified swimming staff. At the Y, we use sports to teach lifelong skills and values.



Jack K. - Summer 2011

## CAMP DATES

Nine One-Week Sessions  
June 25 - August 24  
\*No Camp July 4, 2012

## CAMP GROUPS

5-6 year olds: Rookies (6:1 Ratio)  
7-8 year olds: All-Stars (8:1 Ratio)  
9-10 year olds: Champions (8:1 Ratio)  
11-12 year olds: Dream Team (10:1 Ratio)

## DAILY SPORT

One sport or game will be scheduled per day prior to the start of the summer and a calendar will be available on our website.

## CAMP LOCATION

Princeton Theological Seminary  
36 Hibben Road  
Princeton, NJ 08540  
*MVP daily pick-up will be at the Y*

## SAMPLE DAILY SCHEDULE

7:30am-9:00am - Drop Off at Seminary Gym  
9:00am-9:20am - Camp Community  
9:30am-10:30am - Skill / Sport Period  
10:30am-10:45am - Water Break  
10:45am-11:45am - Skill / Sport Period  
11:45am-12:30pm - LUNCH  
12:30pm-1:00pm - Free Time  
1:00pm-2:00pm - GAME of the Day!  
2:00pm-2:30pm - Walk to the YMCA  
2:30pm-3:15pm - Swim at YMCA  
3:15pm-4:00pm - Sport Play  
4:00-4:15pm - Snack at YMCA  
4:15pm-6:00pm - Pickup at YMCA Field



The Princeton Family YMCA's Discovery and MVP Camps are committed to providing a welcoming and safe setting. Both meet the standards defined by the American Camping Association.

# LEADERSHIP ACADEMY

YMCA Leadership Academy provides a stepping stone for teens to become confident and competent adults with a sense of belonging in their community. This summer program, for teens ages 13-15, includes a leadership curriculum, workshops, and field trips. The Y creates a powerful sense of relevance for your teen, while providing the skills and confidence necessary to find success in school and in life. The program builds motivation and confidence for their future personal success. As a comprehensive program, we provide your teen with opportunities for leadership training, personal growth, service to others, and social development. This two-week session allows young people to work closely with an advisor on skill and character building activities, planning and organizing camp projects plus exploring community service options. By giving our teens positive role models, we will strive to promote and enhance their personal growth in order to develop leaders who will become a positive force within their communities.

## CAMP GROUP

Leadership Academy is for teens ages 13-15 years old. An adult counselor works daily to help build each camper's unique skills.

## CAMP DATES

4 Two-Week Sessions  
June 25 - August 24  
\*No Camp July 4, 2012

## CAMP LOCATION

Princeton Family YMCA  
59 Paul Robeson Place  
Princeton, NJ 08540

## LEADERS IN TRAINING

Upon completion of the Leadership Academy, teens may be able to participate in the Leaders In Training peer counselor program. This is only based on recommendation by the Leadership Academy counselor. Through this program, LIT's will work closely with Discovery or MVP Camp counselors to gain knowledge and experiences in working with children.



## CAMP FEES

Full Facility Members: \$425  
Program Members: \$445  
(fees are for each two week session)



# SPECIALTY CAMPS

YMCA Specialty Camps focus on one topic, program, or sport for the entire week. In most cases, Specialty Camps will travel on a field trip each week. Campers do swim daily. This summer, let your child discover something special.

## DISCOVERY SPECIALTY CAMPS

### CRITTER U!

**Week 2:** An introduction to animal care plus animal-themed arts, crafts, games, visits from Animal Ambassadors, along with an opportunity to learn and practice the basics of animal training. At the end of the week campers will be able to adopt a WWF endangered species.

### CAMP CHEFS

**Week 4:** Campers will sauté, simmer, and slice; bake, blend and braise. The chefs will create an assortment of dishes and desserts, learning how to spice them up and serve them with style.

### SUPER SCIENCE

**Weeks 6:** Explore the fun and fundamentals of all things science. Experiment with ordinary things that combine to melt into goop, ooze, fizz, bang, bounce or bubble. Some of these concoctions are even good to eat!

### KAMPING KIDS

**Week 8:** Back by popular demand! Explore the great outdoors! Campers will learn how to make a fire, pitch a tent, use a compass on hikes, tie knots, learn camping first aid, and experience a bit of river tubing... Nature here we come! To end the week, campers will participate in an overnight camping adventure!

## MVP SPECIALTY CAMPS

### SOCCER CAMP

**Week 2:** Coaches will teach soccer essentials as they challenge campers with new skills. Our soccer programs are age and ability appropriate for girls and boys and are founded on the principles of safety, learning, and enjoyment.

### BASKETBALL CAMP

**Week 4 (ages 5-8) & Week 6 (ages 9-12):** Campers learn basketball fundamentals and will be challenged by our coaches as they are introduced to new basketball ideas. Don't miss out on this incredible basketball opportunity. It's like no other in the area!

### LACROSSE CAMP

**Week 8:** Our camps provide young athletes with an opportunity to become improved lacrosse players with instruction from skilled, encouraging coaches. Our goal is to help your child keep improving, no matter what their ability level, through great coaching and healthy competition. Your child will develop individual skills - from stick handling to shooting to defending - and have a great time in the process.



#### Please Note:

Discovery Specialty Camps are held at the Princeton Family Y. MVP Specialty Camps are held at the Seminary location with MVP Day Camp and finish their day at the YMCA.

# REGISTRATION

**ENROLLMENT BEGINS  
FEBRUARY 1, 2012!**

## ENROLLMENT

Registration begins February 1, 2012.

We offer a rolling registration, meaning that registration never closes and you can register even throughout the summer!

Please visit us online to download the complete camp registration document packet.

It is mandatory that we have all forms on file to complete camper registration.

## MEMBERSHIP

It is mandatory that all day camp participants are Princeton Family YMCA members.

Membership must be paid for at the time of enrollment for each camper.

## QUESTIONS?

For more information about camp, visit us at [www.princetonymca.org](http://www.princetonymca.org) or call us at (609)497-9622!



Ever thought of sending your child to a week of sleep-away summer camp? The Princeton Family YMCA is proud to partner with YMCA Camp Mason, located in Hardwick, NJ. Camp Mason offers a wide range of great summer programs for boys & girls ages 8-16. For more information on their residential camp, visit [www.campmason.org](http://www.campmason.org) or call (908) 362-8217.



The Princeton Family YMCA's Discovery and MVP Camps are committed to providing a welcoming and safe setting. Both meet the standards defined by the American Camping Association.



## HELP SEND A KID TO CAMP!

Donate today to the Princeton Family YMCA's STRONG KIDS CAMPAIGN. Your donation will help allow a child the opportunity to discover themselves at camp in a safe community, building memories and friendships that will last a lifetime. Your tax-deductible donation stays in your community and goes directly to helping make Y programs available to those in need. Will you consider donating today? When registering your child for camp, consider making a donation to our STRONG KIDS CAMPAIGN and help change the life of another child.